



## **Chennai Counselors' Foundation**

Invites you to

### **Guest Lecture on “Workplace Interventions for Stress Endurance (WISE) – a systems approach”**



*By Dr. B. Udaya Kumar Reddy, PhD, Director of Stress Management Lab Pvt. Ltd, Hyderabad, Former Professor of Dr. Marri Channa Reddy Human Resource Development Institute of Andhra Pradesh and Founder of International Stress Management Association.*

*On 20<sup>th</sup> June (Saturday)*

*From 2:30 PM to 4.30 PM (includes a question Hour)*

*In Nahar Hall, Desabandhu Plaza, Whites Road, Royapettah*

*Registration fee: Rs. 200/-per person. As always, members attend free*

**Please confirm your presence with Dr. Vasuki 9840732055 /  
Ms. Shubashree 9444084464 preferably by SMS on or before 18th June  
(Thursday)**